



# CH. BANSI LAL GOVERNMENT COLLEGE FOR WOMEN

Tosham (Bhiwani)

Affiliated to CBLU Bhiwani Recognised u/s 2(f) of UGC Act

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Ref. No. ....

Dated .....

Annual Gender Sensitization Action Plan 2020-21			
S.No.	Month	Title of the programme	Organizing committee
1	09/01/2021	Extension lecture delivered by Dr. Promila Sharma	Women Cell
2	11/01/2021	Extension lecture delivered by Advocate Sudhir Mudgil	Women Cell
3	13/01/2021	Organised various activities as Mehandi Competition, Rangoli, Best out of waste, Jewellery, Kite and fower making during HOLI celebration	Women Cell
4	18/01/2021	Organized Health check-up camp	Women Cell
5	21/01/2021 – 23/01/2021	Art and Craft Workshop was organized	Women Cell
6	28/01/2021	Webinar Nutrition Gyan delivered by Dr. Shelly Garg	Women Cell
7	01/02/2021- 05/02/2021	Self defence training	Women Cell
8	05/02/2021	Self- employment scheme was organized	Women Cell

  
Principal  
Ch. Bansilal Government  
College for Women, Tosham

## Extension Lecture

An extension lecture was delivered on 9/01/2021 in Chaudhary Bansilal, government college for women. Dr. Pramila Sharma, Gynaecologist from Sharma Maternity & Nursing home made aware and enlightened the girls' student on the importance of personal hygiene and

balance diet. She also encouraged the students to maintain cleanliness in and around their houses. The students asked her a number of questions related to COVID-19 and personal hygiene. Mrs. NeeruBatra, Mrs. Anuradha, Mrs. RekhaBai, Mrs. Mamta and Miss NishaKumari were present on the occasion.

#### Extension Lecture

An extension lecture was delivered on 11/01/2021 in ChaudharyBansiLal, government college for women. Advocate SudhirMudgal delivered a lecture on sexual harassment where he informed the girls students about their social and legal rights against any kind of exploitation. Mrs. NeeruBatra, Mrs. Anuradha, Mrs. RekhaBai, Mrs. Mamta and Miss NishaKumari were present on the occasion.

#### Lohri Celebration

ChaudharyBansiLal, government college for women celebrated Lohri on 13/01/2021 under women cell. Various competitions were organised for the students where they took active participations in Mehandi competition, Jewellery making, flower making, best out of waste and Rangoli making. The convener of women cell also encouraged students to take part in all the activities and the jury members declared the prizes at the end of competition. Mrs. NeeruBatra, Mrs. Anuradha, Mrs. RekhaBai, Mrs. Mamta and Miss NishaKumari were present on the occasion

#### Mehandi Competition

1 <sup>st</sup>	Ritu	B.A. 1 <sup>st</sup>	120006002025
2 <sup>nd</sup>	Tamanya	B.A. 2 <sup>nd</sup>	2975920021
3 <sup>rd</sup>	Asha	B.Com. 3 <sup>rd</sup>	2094820044

#### Rangoli Competition

1 <sup>st</sup>	Komal	B.Sc. 2 <sup>nd</sup>	3084820006
2 <sup>nd</sup>	Rinki	B.A. 1 <sup>st</sup>	120006002215
3 <sup>rd</sup>	Sangam	B.A. 1 <sup>st</sup>	120006002233

#### Best out of waste Competition

1 <sup>st</sup>	Asha	B.Com. 3 <sup>rd</sup>	2094820044
2 <sup>nd</sup>	Khushboo	B.Com. 2 <sup>nd</sup>	2975920313
3 <sup>rd</sup>	Tamanya	B.A. 2 <sup>nd</sup>	2975920021

#### Jewellery Competition

1 <sup>st</sup>	Khushboo	B.Com. 2 <sup>nd</sup>	2975920313
2 <sup>nd</sup>	Nisha	B.A. 2 <sup>nd</sup>	2975920312

3 <sup>rd</sup>	Tanya	B.Com. 3 <sup>rd</sup>	2094820002
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## Kite Competition

1 <sup>st</sup>	Khushi	B.Sc. 1 <sup>st</sup>	120006030011
2 <sup>nd</sup>	Tanya	B.Com. 3 <sup>rd</sup>	2094820002
3 <sup>rd</sup>	Mona	B.A. 3 <sup>rd</sup>	2094620095

## Flower making Competition

1 <sup>st</sup>	Asha	B.Com. 3 <sup>rd</sup>	2094820044
2 <sup>nd</sup>	Mona	B.A. 3 <sup>rd</sup>	2094620095
3 <sup>rd</sup>	Sakshi	B.A. 3 <sup>rd</sup>	2094620266

## Health Check-up Camp

### Nutrition Gyan(Under ageis of NandiniArogyaRahe Initiative)

On 18/01/2021, a health check-up camp was organised in ChaudharyBansiLal, government college for women under ageis of NandiniArogyaRahe Initiative. Mrs. NeeruBatra as a convener of women cell inaugurated the camp where the officials from government hospital analysed the BMI of students and also lectured them on the importance of balanced diet and personal hygiene. The team from hospital also did blood test, eye test and corona test of the students. Mrs. NeeruBatra, Mrs. Anuradha, Mrs. RekhaBai, Mrs. Mamta and Miss



NishaKumari were present on the occasion.

## Art and craft workshop

A 3 days Art and craft workshop was organised in ChaudharyBansiLal, government college for women under women cell. Principal Dr. DalbirGodara inaugurated the workshop which was later taken over by members of women cell. The students learned to make various

creative items like bottle decoration, oil painting, stencils making. Mrs. Priyanka, the resource person lectured students on various ideas of arts and crafts and encouraged them to indulge in creative activities. Mrs. NeeruBatra, Mrs. Anuradha, Mrs. RekhaBai, Mrs. Mamta and Miss NishaKumari were present on the occasion.

### Day 2

On the 2<sup>nd</sup> day of art and craft workshop, Mrs. Priyanka taught the students to work with stencils and also made them learn stain wood glass painting. Dr. Godara also encouraged the students to take active participation in such workshops and also said that the arts always surpass the boundary of caste, religion and gender. Mrs. NeeruBatra, Mrs. Anuradha, Mrs. RekhaBai, Mrs. Mamta and Miss NishaKumari were present on the occasion.

### Day 3

On the 3<sup>rd</sup> day of art and craft workshop, Mrs. Priyanka taught the students to work with jewellery and also made them learn button making. Mrs. IshaChaudhary also encouraged the students to take active participation in such workshops and also said that the creative activities like best out of waste, jewellery making also develop the mental as well as physical skills of students. Mrs. NeeruBatra, Mrs. Anuradha, Mrs. RekhaBai, Mrs. Mamta and Miss NishaKumari, Mrs. Urmila, Mrs. Jyoti were present on the occasion.



### Webinar Nutrition Gyan

On 28/01/2021, ChaudharyBansiLal, government college for women under women cell organised webinar on Nutrition Gyan where an informative lecture was delivered by Dr. Shelly Garg. The webinar session in the college was inaugurated by Dr. NeeruBatra which was later taken over by members of women cell. Dr. Shelly Garg informed the students about healthy diet, good fat, vitamins, carbohydrate, proteins and discouraged students to eat fast food. She also encouraged the students to maintain cleanliness in and around their houses. The students asked her a number of questions related to COVID-19 and personal hygiene. Mrs. NeeruBatra, Mrs. Anuradha, Mrs. RekhaBai, Mrs. Mamta and Miss NishaKumari, Mrs. Urmila, Mrs. Jyotiwere present on the occasion.

### Self-defence training

A self-defence training was organised from 1/02/2021 to 5/02/2021 in ChaudharyBansiLal, government college for women under women cell. The workshop was inaugurated by Dr. Rajendra Singh. Addressing the students, he said that girls should always take a stand against any kind of exploitation and must report it. Mr. Vikram Singh from Bheem stadium Bhiwani was called to train the students for the same. Being a Judo coach, Mr. Vikram Singh taught the girl students different type of defence mechanism for the next 5 days. The girls' students benefited a lot from the workshop. Mrs. NeeruBatra, Mrs. Anuradha, Mrs. RekhaBai, Mrs. Mamta and Miss NishaKumari, Mrs. Urmila, Mrs. Jyotiwere present on the occasion.



### Self-Employment Scheme

On 5/02/2021, under the guidance of higher education, ChaudharyBansiLal, government college for women under women cell organised a self-employment lecture where a company is being called from Dadri to make the students aware of self-employment and they also offered jobs to the college students. ArogyaNityam Pvt. Ltd and its members encouraged the students to take active participation in the interviews and also enlightened them to use swadesi. Mrs. NeeruBatra, Mrs. Anuradha, Mrs. RekhaBai, Mrs. Mamta and Miss NishaKumari, Mrs. Urmila, Mrs. Jyotiwere present on the occasion.



  
24.05.21  
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